

## Vancouver Island's new "4-Play" package gets the blood pumping for adrenaline seekers

**April 21, 2008:** We all love 4-Play, and what better way to get your blood pumping than to bungee, zip, and swing across the Nanaimo River as part of Vancouver Island's best adrenaline package ever!

WildPlay Nanaimo and the Painted Turtle Guesthouse have teamed up to present a full day of activities with a two-night stay in Nanaimo for under three hundred dollars \$299 per person, plus taxes. This package includes four activities, bragging rights and accommodation:

- Canyon Zip
- Bungy Jump
- King Swing
- Full-Course TreeGO (aerial obstacle course)
- Bungy Jump Video
- Certificate of Achievement
- Ultimate WildPlayer T-Shirt
- Two-nights of accommodation at the Painted Turtle
- Shuttle bus transfers

Adrenaline seekers check in on Day One with time to explore downtown Nanaimo, the harbourfront walkway and get primed for the next days' "4-Play". On Day Two, the WildPlay shuttle picks up guests from the Painted Turtle Guesthouse at 10:00am for the 15-minute ride to WildPlay Nanaimo for all four adrenaline-based activities. Your day of adventure starts with getting harnessed up to glide across the spectacular Nanaimo River canyon on the Canyon Zip. Next, we recommend that you earn your bragging rights by jumping off the 140' bridge over the Nanaimo River. Nanaimo's world-famous Bungy Jump was ranked as one of the top 100 things to do in Canada by a 2006 National Post survey. Then, secured to a cable that is cinched up like a slingshot, the King Swing sends you off the bridge, free-falling towards the river at speeds up to 140 km/hr before the pendulum swinging motion starts. Finally, securely suspended between the trees in a beautiful Douglas Fir forest at 10 to 53 feet off the ground, TreeGO takes you on an obstacle course of zip lines, swaying bridges, scramble nets and swinging logs. The full-course offers four challenge levels from Green (minimum elevation, minimum skill) to Black (advanced elevation, advanced skill).

After your full day of adrenaline, collect your WildPlay memorabilia and then shuttle back to the Painted Turtle Guesthouse for your second night in Nanaimo. Chill out and tell a few adventure stories in The Great Room, or ask the friendly hosts at reception where the action is. There are many delectable restaurants or neighborhood pubs in the area to experience and enjoy.

**This package is available Thursday – Sundays April 1 to May 19, then every day May 20 – September 1.**

The package price is based on shared dorm accommodation, but upgrades to a Single or Double room with a Queen Bed are available for \$80 or \$45 per person, respectively. Packages are booked exclusively through the Painted Turtle Guesthouse. For details, call Toll-Free 1-866-309-4432 (in North America), or visit the website: <http://www.painted-turtle.com>

[turtle.ca/travel\\_and\\_packages.php](http://turtle.ca/travel_and_packages.php). Packages are commissionable, so Canadian and International travel agents are encouraged to call to set up an account.

Nanaimo is located on the east coast of Vancouver Island, approximately 111 kilometres north of the provincial capital city of Victoria. The harbour city is accessible by BC Ferries and a major airline from Vancouver, as well as by scenic float planes from Vancouver and Seattle. For more information about Nanaimo please visit [www.tourismnanaimo.com](http://www.tourismnanaimo.com) or call Tourism Nanaimo at 1-800-663-7337.

**Media contacts:**

Marilyn Sing, Marketing Communications Manager  
WildPlay Element Parks  
Suite 18 - 3318 Oak St., Victoria, BC  
Telephone: (250) 595-2251  
E-mail: [msing@wildplayparks.com](mailto:msing@wildplayparks.com)

Angie Gottenberg  
Painted Turtle Guesthouse  
121 Bastion Street, Nanaimo BC, Canada  
Telephone (250) 753-4432  
E-mail [angie@paintedturtle.ca](mailto:angie@paintedturtle.ca)  
[www.paintedturtle.ca](http://www.paintedturtle.ca)